

## Friendship Facilitators

**Elders**, Sue Law, Patrick Phillips, Brian Gillespie, Irene Camp, Janice Ruggles-Bolton, Jane Thompson and Jean Brinkos will be partnered with **lay leaders**, Andie Wiens, Bob Cole, Evelyn Trites, and Janet Graham to facilitate the further creation of friendship and lines of support and encouragement among us.

## PAR (pre-authorized remittance)

Please consider signing up for PAR particularly if you plan to be away in the winter. It is an efficient way of supporting St. Andrew's. Your offering will be debited from your account on a monthly basis. Speak with Evelyn. All she requires is a voided personal cheque.

## Reaching for Rainbows

This after school program celebrating and empowering vulnerable girls is licensed by the Ministry of Education.



**Ten Thousand Villages** has now surpassed 1.3 million dollars in sales. And our sales were up 17% from 2016 to 2017.

Please remember the store for all of your gift giving needs.

**The Presbyterian Church in Canada** has gifted us with a grant for 2018 to add to our staff and to expand our ministry into the wider community.

## St. ANDREW'S

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Office Hours: Thursday 10 am-1 pm

# ST. ANDREW'S

LIVING THE QUESTIONS



Season of Pentecost  
Sunday June 10  
10:30

## Welcome to St. Andrew's

We are a Circle of Friends on a quest to understand and to practice the transformational love of Jesus.

### Centering

Music to welcome us in Tom Dietzel  
Welcome and Invitation to Focus  
Music to settle us in Tom Dietzel  
Prayer  
Song *For all the love, 440*

### Listening

Reading Genesis 12; Matthew 4  
Message *Let's start at the very beginning*

### Responding

Time for Contemplation  
Swing Low, Sweet Chariot Lynette Pettit  
Steal Away  
I'm a Rollin'  
Song *O holy dove of God descending, 392*

### Telling Our Story

Gifts to support ministry  
(guest envelopes are in the shelf in front of you)

### Special Music

It's a Me, O Lord  
Ev'ry Time I Feel the Spirit  
The Gospel Train

### Community-in-Action

Prayers of Concern for Ourselves & the World,  
The Lord's Prayer (debts/debtors)

Song *One more step, 641*

### Blessing

Music to send us out Tom Dietzel

**Join us for refreshments following the service today. We serve fair trade coffee from TTV.**

Musicians, Tom Dietzel, Lynette Pettit  
Artist, Aidan Hailey  
Fiery Woman, Janine Kinch  
Chinese Goddess of Compassion, Anne Ireland

### Next Sunday

Communion, Healing Touch,  
Welcoming New Members  
Lunch (We need 4 people to provide a slow cooker of basmati rice for next Sunday)

We will enjoy Aneesh's currie following the service. Sign up at the back.

### Weekly Schedule,

Tuesdays at 10 am, Silent Meditation  
Thursday at 10:30, Mindfulness meditation with Brian Gillespie

**Knitting Group**, Wed June 6 at 10, Joan Cameron's

**Mental Health Peer Support Group**, Wed June 13, noon-2

Thurs June 14 at 7 pm, Shout Sister performs at Mary Magdalene church for Reaching for Rainbows

### Luke Norton CD Launch

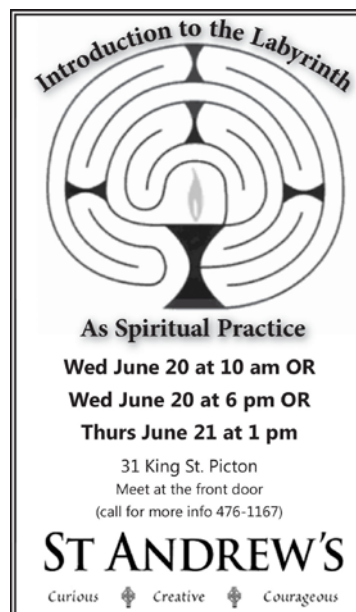
Luke Norton accompanied by Tom Leighton and his teacher, Derek Morris, will perform music from his new CD, Bowery Street.  
Sunday July 8, noon-1pm.

### Wisdom of the Universe Mural

On Monday June 18 at 11 am, Jason Rouleau, muralist will give a presentation on the back wall mural project. Please be present with your questions.

### Do You have a Spare bedroom? Granny Suite or an Apartment?

Community Living Prince Edward is seeking a full-time home provider and a part-time respite provider for a young man that uses ASL as well as other means to communicate. His interests include: volunteering at the Humane Society, gardening, bowling, going to the cinema and shopping. Please contact Community Living Prince Edward (Ashley Card Recruitment Coordinator 613-476-6038 ex 130) if you are interested or if you know of a family member, neighbour or friend that may be interested.



There are many approaches to walking the labyrinth. Here is one:

1. Releasing: From the entrance to the goal is the path of shedding or "letting go." There is a release and an emptying of worries and concerns.

2. Receiving: At the center there is illumination, insight, clarity, and focus. It is here that you are in a receptive, prayerful, meditative state.

3. Integrating: Empowerment and taking ownership. The path out is that of becoming grounded and integrating the insight.